



LOTUS SPA

## PHYTOMER FACE TREATMENTS

### Spa-Prestige Éclat

The coexistence of the rich marine power into a treatment for rejuvenation, radiance and hydration of the skin. The treatment can be easily adapted to your personal needs.

**Time: 45'**

### Hydra Original Treatment

#### Plumping Thirst Relief facial with Organic Algae

Treat your skin to a "soak" of moisture with a treatment that pairs detoxification and hydration with high performance organic marine active ingredients in synergy with a multi-sensory facial massage, for skin that is plumper, more revitalized and more luminous.

**Time: 60'**

### Extended Youth

An anti-wrinkle -firming treatment that increases the resistance of the skin giving an extended youth. The marine macromolecules contribute to the cells restructure and to the collagen's and elastin's reproduction as well.

**Time: 60'**

### Skin Escape for Men

A treatment focused on detoxification and oxygenation of the skin. It smoothes the fatigue signs on face, hydrates and calms the skin from any irritation. Suitable for men's skin, it gives freshness and a smoothing effect.

**Time: 50'**

## PHYTOMER BODY TREATMENTS

### Moroccan Peeling Rose Jasmin

Delightful exfoliation with cherry and plum kernel powders that glide on and eliminate impurities and dead cells providing your skin with softness and brightness. A creamy textured milk follows, that moisturizes and nourishes leaving your skin silky smooth and envelops your body with a soft and delicate fragrance of rose petals and jasmine.

**Time: 45'**

### Sea Foam Massage and Calming Mask

A unique relaxing experience. This special treatment soothes, relaxes and invigorates your skin, releases from tension and offers an inimitable sense of relaxation and rejuvenation. With natural sea sponges and a creamy -soapy cleanser, a warm foamy massage is performed on the entire body for 20 minutes. It is followed by a full body wrap with a toning, soothing mask that enhances skin elasticity. The ritual is completed with the application of a cream soft as a protective veil that deeply moisturizes your skin.

**Time: 75'**

### Champagne Thermal Algotherapy

#### Detox - Pain - Relax (Back - Neck - Feet)

It relieves and eases from back, neck and leg pain while deeply detoxifying your body. After a deep cleansing of the skin, a thermal marine mud is applied to areas with tension. The thousands warm microbubbles that are released, diffuse active ingredients that relieve from aches and tightened muscles. The warm therapeutic cocoon encloses and relieves your feet, removing fatigue, toxins and swelling.

**Time: 50'**

### Signature Ocean Treasure Massage

The perfect synergy of light strokes, pressures and a "deep tissue massage" awaken your body, relieve and eliminate all types of tension. The specific face "lifting massage" with the "Shaper & Roller" highlights, tones and lifts your facial contours, restores elasticity to the skin, smooths and fills fine lines and wrinkles. The treatment includes facial and body exfoliation for smooth and soft skin followed by a therapeutic, holistic massage.

**Time: 120'**

## UNIQUE HOLISTIC MASSAGES

### Oligomer Spa Massage

A holistic journey into the heart of PHYTOMER DNA to recharge the body's batteries. The treatment starts with a creamy body scrub containing oligomer crystals to soften the skin, followed by a massage. This specific massage produces a fully encompassing holistic approach from the tips of the toes to the ends of the hair. It provides perfect balance between light strokes and pressures and between deep tissue massage and a gentle hand massage for an instant rejuvenating effect and incomparable relaxation.

**Exfoliation & Massage: 90'**

### Candle Massage

Through a lovely perfumed ambiance, the massage with oil from hot candles creates a memorable experience. The subtle creamy hot candle oil slides over the body nourishing deeply the skin, while a combination of various massage pressures, stretches and continuous movements, relaxes the muscular system, stimulates the blood microcirculation helping the body to eliminate all the daily stress.

**Time: 60'**

### Lava Shells Tropical Massage

Enjoy a massage with real shells of the Pacific Ocean that manifest naturally calcium ions, which are transported directly to the skin through the action of heat. While the hot shells roll alternately over your body with strong and gentle pressures, they eliminate muscle tension, calm the nervous system, enhance blood circulation and lymph. Rich in Vitamin E, the oil massage soothes, nourishes and brightens your skin.

**Time: 75'**

### Golden Veil Therapy

#### Well Being - Hydration- Anti aging with 24 carat Gold

A complete face and body treatment for detoxification, hydration, remineralization, antiaging, renewal, rejuvenation and wellness, through the luxury of gold and the subtle scent of the flowers of the fields and the desert. Freshness, scents and glow in the eternal art of beauty.

**Time: 90'**

**SPA  
RITUALS** ➤  
FACE & BODY



## BODY RELAX MASSAGES

### Relax Holistic Massage

Holistic Massage is an ancient method of healing that clears the lymphatic drainage system and releases toxins from the body. By recognizing that illness and stress affects not only our physical but also our emotional, spiritual and mental well-being, holistic massage allows the body's natural healing abilities to come forth and balance the entire body as a whole.

**Time: 50'**

### Back - Neck- Shoulders - Head

Back-Neck - Shoulders - Head massage is a deeply relaxing massage focusing on stress release, muscle relief from tension in all areas around the neck and across the back. This massage, relieves stress and headaches, improves circulation and posture, relaxes muscles and improves flexibility while it can also decrease feelings of depression.

**Time: 30'**

### Head & Foot Massage

A rejuvenating head and foot massage that decongests, unblocks and reenergizes all the sensitive areas where tension builds up. Spiritual, emotional and physical tension is removed while serenity, relaxation and rest fill your system.

**Time: 45'**

### Harmony (Aromatherapy)

Aromatherapy is a form of alternative medicine that uses volatile plant material known as essential oils, and other aromatics compounds for the purpose of altering a person's mind, mood, cognitive function or health.

**Time: 50'**

## BODY RELAX MASSAGES

### Deep Tissue Massage

A massage therapy that focuses on realigning deeper layers of muscles and connective tissue. It is especially helpful for chronically tense and contracted areas such as stiff necks, low back tightness and sore shoulders.

**Time: 60'**

### Foot Massage

Foot massage is an incomparable pleasure, which not only relieves fatigue and leaves leg muscles and the body in tone, but also is a unique relaxing procedure. This massage stimulates the muscles which are directly rubbed, but also has a positive effect on the whole body, due to huge set of reflex points.

**Time: 20'**

### Before The Baby Massage

Pre-natal massage is massage therapy specifically tailored for the expectant mother's needs. Not only can massage be physically beneficial, but the human touch can be comforting and provide emotional support during pregnancy. (6 months+).

**Time: 50'**

### Hot Stones Massage

A special massage with volcanic stones of basalt. Relief of muscle pain, activation of all energy channels to harmonize the soul, spirit and body.

*\* Appointment at least 45 min before.*

**Time: 75'**

Please contact directly our Concierge desk or the Reception desk to book your appointment. We highly recommend you to make an appointment in advance if you want to enjoy our best schedule.